UCSF newsbreak

NEWS FOR THE UCSF CAMPUS COMMUNITY

VOL. 14, NO. 14 JULY 2, 1999

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CHRIS T. ANDERSON

Neurosurgeon Charles Wilson, left, performs a transphenoidal surgery while chief resident Aviva Abosch assists.

Practice makes perfect

Famed neurosurgeon Charlie Wilson, UCSF professor of neurosurgery, performed his 3,000th transphenoidal surgery for a pituitary tumor at UCSF Medical Center, part of UCSF Stanford Health Care, last week.

In this procedure, developed in the 1920s but perfected by Wilson in the 1970s with the advent of microsurgery, the surgeon gains access to the pituitary gland, located at the base of the brain, by entering the sinus cavity.

The size of a large pea, the pituitary gland produces hormones that control growth and development. Tiny tumors in the pituitary can cause a host of serious problems, including growth abnormalities, and if tumors grow, they put pressure on nerves, causing loss of vision and other problems.

In the "old" days pituitary surgery was risky because a surgeon had to cut through the forehead and lift the frontal lobes of the brain to get to the pituitary. And once there, it was difficult to remove the tumor without harming the gland itself. In most cases, physicians used radiation and hormone therapy, rather than risk surgery.

But by approaching the tumors through the sphenoid sinus, surgeons have been able for the last 20-plus years to remove them without risking damage to normal brain tissue. After surgery, the only mark is a thin scar across the gum above the teeth.

Patients from all over the world have entrusted their brain surgery to Wilson, who joined UCSF in 1968 as professor and chair of the division of neurological surgery. For a little over a decade now, Wilson has been removing 150 to 200 pituitary tumors each year.

UCSF ready for new needle safety law

BY PAULA MURPHY

As of July 1, all hospitals and health care agencies in California will be required to use safety-enhanced devices for any task that could possibly lead to bloodborne pathogen exposure.

Mandated by the state Legislature, the regulations are the first in the nation designed to reduce the number of accidental needle injuries suffered by employees who may be exposed to life-threatening diseases, such as HIV and hepatitis C. The legislation mandated that the state's Bloodborne Pathogens (BBP) Standard be revised to require not only that employers convert to safe needle devices but also create procedures for keeping detailed documentation of needle injuries.

UCSF has been on the leading edge of needle safety, providing safety devices and training for its workers and students for many years. The School of Nursing has also been a leader, overseeing a statewide surveillance study of needlestick injuries and developing an injury log that serves as a model for other health care agencies, which are now being required to create their own.

Although the regulations are primarily aimed at health care workers, researchers at risk for exposures to bloodborne pathogens are also required to comply.

In two workshops in June, incoming UCSF housestaff were trained in "skills labs" to learn how to use the safe devices that are available at the UCSF-affiliated medical centers. On Wednesday, July 7, UCSF Environmental Health & Safety (EH&S) will present a workshop and training to researchers on campus about how they can comply with the standards and what safety devices are available for their often unique procedures.

Protecting employees

Occupational exposure to HIV is of grave concern to health care providers, as is exposure to hepatitis C, which is the most prevalent bloodborne pathogen currently detected in source patients, says Ellie

(SEE SAFETY ON PAGE 3)

UCSF Stanford Health Care weighs options for UCSF/Mount Zion

BY LISA CISNEROS

As UCSF Stanford Health Care considers making major changes in patient services to curb financial losses at UCSF/Mount Zion, officials are meeting with concerned employees, neighbors, elected representatives and others to update them on the situation.

"We're facing very difficult times," Bill Kerr, chief operating officer, told the Hospitals Auxiliary of UCSF Medical Center. "We're not alone. Other health care providers in the Bay Area and other academic medical centers across the country are struggling."

Chief Executive Officer Peter Van Etten told the San Francisco Board of Supervisors on Tuesday that "UCSF Stanford is not closing Mount Zion. The several options being explored all retain extensive services at Mount Zion."

The next community meeting to discuss the future of Mount Zion is scheduled for July 13, from 7 to 9 p.m., at the College of Podiatric Medicine, Reiss Hall, 1835 Ellis St. UCSF Stanford officials will discuss the options at the next UC Regents meeting on July 15 and make a recommendation at UCSF Stanford's next board meeting on July 23.

While no decisions have been made about Mount Zion, UCSF Stanford officials say changes are necessary as part of an overall plan to restore fiscal stability to the entire clinical enterprise, which is projected to end 1999 with a $60 million shortfall. UCSF Stanford is now in the midst of cutting $170 million from its $1.5 billion budget to break even in 2000.

This effort will result in layoffs of some 450 employees at the north campus alone. "These layoffs have been painful to all of us and have raised serious concerns among the unions and legislature," says Haile Debas, dean of the School of Medicine and vice chancellor for medical affairs.

As part of UCSF Stanford's plan to find $100 million more in cost savings or revenue gains to achieve a 3- to 4-percent operating margin in 2001, administrators are considering several options for Mount Zion, a 113-year old hospital which became part of UCSF in 1990. One of four acute care hospitals united during the November 1997 UCSF Stanford merger, Mount Zion faces losses of up to $56 million this year, UCSF Stanford officials say.

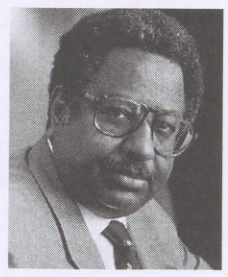
"It should be perfectly clear to everyone that, with or without the merger, UCSF has to stop this financial hemorrhage to ensure the survival of its clinical programs," Debas says.

Since the options for restructuring services have come to light, many people have expressed concerns about the potential for closing Mount Zion's inpatient and emergency room services. "Nobody wants to see these services closed, but the funds needed to keep them going have to come from somewhere," Debas says.

(SEE UCSF STANFORD ON PAGE 7)

School strong despite merger difficulties, Debas says

BY LISA CISNEROS



Debas

School of Medicine Dean Haile Debas, vice chancellor for medical affairs, says that although UCSF is facing an unprecedented crisis in its clinical operations, the medical school is "as strong as ever and confident about its future."

"Our educational mission has never received more attention, and the level of faculty participation in and excitement about education has never been higher," Debas said during his state of the school address on June 21. "Similarly, the research activities of the school are vibrant, and federal funding for our research has never been as high. The prospect of a new UCSF Mission Bay campus has produced great optimism as we enter the new millennium."

In an hour-long speech, Debas shared a number of revelations:

- **The School of Medicine is discussing recommendations to implement innovative curriculum reform submitted by the Committee on Curriculum and Educational Policy with extensive input from faculty and students. One recommendation is to create an "Academy of Educators" by establishing endowed chairs of limited term for the best teachers in various medical school departments.**
- **The UCSF-Fresno Medical Education program received a gift of three acres of land located next to Community Hospital, which signed a new affiliation agreement with the University. "On this land we will build a home for the UCSF-Fresno academic programs," Debas says. "This development will change, decidedly and positively, the visibility of UCSF within Fresno."**
- **UCSF Stanford Health Care expects to complete the analyses of options to reorganize clinical activities at UCSF/Mount Zion and will submit a recommendation to the UCSF Stanford board of directors on July 23. The School of Medicine also will submit an assessment of the plans as an official response.**
- **The architect selected to design the community center at UCSF's Mission Bay site is Ricardo Legoretta of Mexico, a world-famous architect whose signature style is a blend of space, light and color. "I have no doubt that he will produce a beautiful structure, a building designed to be the heart of the UCSF community," Debas says. A groundbreaking ceremony at the 43-acre research campus is slated for Monday, Oct. 25.**

(SEE DEBAS ON PAGE 7)

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Blackburn receives Harvey Prize

Blackburn

Elizabeth Blackburn, chair of the UCSF department of microbiology and immunology, ventured to Israel recently to receive the prestigious Harvey Prize from the Technion, Israel Institute of Technology.

Blackburn was honored for her pioneering studies that have revealed the critical role of telomeres, segments of DNA that bind both ends of chromosomes.

The prize, which was first awarded in 1972, rewards excellence by recognizing breakthroughs in science and technology. Robert Gallagher, professor of electrical engineering and computer sciences at MIT, also was awarded the Harvey Prize.

Blackburn received the Harvey Prize in Human Health for 1999 on June 16 and gave lectures to Technion's department of biology and medical school. While in Israel, she also gave a lecture at the Hadassah medical school in Jerusalem.

Blackburn joined UCSF as a professor in 1990 and was the first woman named to head the School of Medicine's department of microbiology and immunology three years later.

A native of Australia, she has received numerous honors and awards, including being elected in 1993 as a foreign associate to the National Academy of Sciences, one of the highest honors that can be awarded to a scientist in the US. In 1998, she was awarded the Passano Award and this year she was named the California Scientist of the Year.

Blackburn and her then PhD graduate student at UC Berkeley, Carol Greider, discovered a novel enzyme that creates telomeres. Telomeres play a key role in determining the number of times a cell divides — an event that affects the life span and health of cells and the development of some cancers. Blackburn's discovery has spawned a whole field of inquiry into the possibility that the enzyme, telomerase, could be manipulated to prolong cell life and combat cancer.

LISA CISNEROS

Auxiliary toasts record year

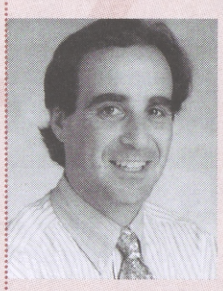
The Hospitals Auxiliary of the UCSF Medical Center, part of UCSF Stanford Health Care, raised nearly $100,000 — one of the highest earning levels recorded for the 33-year-old organization — for patient amenities such as TVs, waiting room upgrades and toys. At the auxiliary's annual meeting, June 24, outgoing president Jackie Kuhn presented Bill Kerr, executive vice president and chief operating officer of UCSF Stanford, with an award to acknowledge his longtime support. Pictured at the event at the UCSF Faculty/Alumni House, are officers for the 1999-2000 year from left, Linda Klett, secretary, Leona Hansen Biddle, vice president, Kai-Yee Woo, vice president and Carolyn Beltzer, treasurer. Dorothy Duffy Price, auxiliary president, was on vacation.

Corrections

The June 18 issue of Newsbreak listed the incorrect recipients of faculty awards presented by the department of psychiatry during its commencement ceremonies on June 4. The Residents' Association Awards for Teaching went to Cynthia Ellis, MD (Langley Porter Psychiatric Institute), Steven Batki, MD, and Francis Lu, MD (SFGHMC), Stuart Beck, MD, (VA Medical Center) and John S. Chase, MD, and Stephen Purcell, MD (volunteer faculty).

The LPPI-UCSF Alumni-Faculty Association Interdisciplinary Achievement Award went to Patrick Reilly, PhD, and the George Sarlo Prize for Excellence in Teaching went to Pamela Martin, MD.

honors & awards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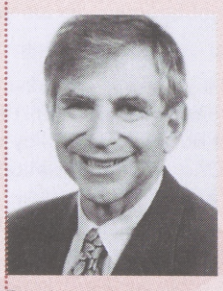
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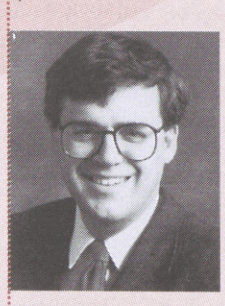

Wilhelmsen

Andrew Bindman, associate professor of medicine, SFGHMC: Appointed a 1999 Atlantic Fellow in Public Policy to conduct policy research in Britain. Established by the United Kingdom to commemorate the 50th anniversary of D-Day and the contribution of the US to the liberation of Europe, the fellowship gives outstanding American professionals the opportunity to study, travel and gain practical experience in the United Kingdom and to receive a firsthand introduction to the European Union. Bindman's fellowship will begin in September.

Charles Epstein, professor of pediatrics, chief, division of medical genetics, co-director, Program in Human Genetics: Invited to give the Fifth Annual Donald Thurston Memorial Lecture by Washington University's School of Medicine on May 14. In the more than 20 years that Epstein has served as the chief of the division of medical genetics, he has trained more than 45 fellows, many of whom have gone on to distinguished leadership positions in the field. Epstein has been a recognized leader in human genetics for more than three decades and has written extensively about the relationship of human genetics to society. He has received numerous awards for his research, including the Nancy & Daniel Weisman Award for Distinguished Research on Down Syndrome and the March of Dimes Harland Sanders Award for Lifetime Achievement in Genetic Sciences.

Newton C. Gordon, clinical professor and chief, Dentistry/Oral & Maxillofacial Surgery Service, SFGHMC: Inducted as a Distinguished Practitioner by the National Academies of Practice (NAP) at a gala membership banquet on May 1 in Arlington, Va. The NAP represents diverse disciplines, including dentistry, medicine, nursing, pharmacy and veterinary medicine, and elects members based on criteria that guarantee that only the best and most distinguished scholars and practitioners are admitted.

Marc Jacobs, director of Residency Training in the department of psychiatry: Received an Excellence in Psychiatry Educator Award, one of four in the US presented at the Annual American Psychiatric Association meeting in Washington, D.C. on May 18.

Jeanette Logan, School of Pharmacy alumnus and fellow, behavioral health sciences: Won the Best Resident/Student/Fellow Poster Award at the Academy of Managed Care Pharmacists' 11th Annual Meeting in Minneapolis, Minn., in May. Logan's poster was on "A Quality Assessment Tool for Pharmacoeconomic Studies." She developed a scale to standardize the way the cost effectiveness of drugs could be evaluated.

Kirk Wilhelmsen, assistant professor of neurology in residence: Honored as a Decade of the Brain presenter by the American Academy of Neurology (AAN.) He was selected by his peers in the field because of his continued commitment to promoting the best clinical neuroscientific research. Wilhelmsen was recognized at the AAN's 51st Annual Meeting in April in Toronto where he gave a lecture. He was also the recipient of the Potamkin Prize for Research in Pick's, Alzheimer's and Related Diseases presented by the AAN, an association of more than 15,000 neurologists and neuroscience professionals dedicated to improving patient care through education and research.

(SAFETY FROM PAGE 1)

Lannen, a nurse practitioner who is coordinator of the needlestick hotline at UCSF. Workers exposed to HIV can begin immediate post-exposure prophylaxis treatment to avoid becoming infected with the virus; however, no prophylaxis or treatment is available for the hepatitis C virus.

"Our highest priority is to prevent exposures," Lannen says.

The training sessions for new housestaff, which have been offered for seven years, include lectures on safe practices as well as hands-on practice with each device they will use in clinical practice. Medical students, as well as graduate research students, receive separate training on how to avoid bloodborne pathogen exposure.

"We have the new law's components in place already," Lannen says. "The Chancellor's Advisory Board on AIDS and Emerging Infections, which makes recommendations on safety procedures for all UCSF-affiliated medical centers, made an institutional decision in 1991 to use safety devices for phlebotomy and IV catheters. Although safety devices were definitely more expensive eight years ago, the board believed it was money well spent to protect employees from becoming infected with pathogens such as HIV, hepatitis C, and hepatitis B."

Exposures to bloodborne pathogens are costly not only in terms of health but also in terms of testing and treatment. In fact, a 1995 study found that a single sharps injury that doesn't lead to infection can cost up to $1000. A single case of an injured health care worker acquiring hepatitis C may have a lifetime cost of more than $600,000.

Lannen, who has tracked possible exposures via needlesticks, spills, and splashes at UCSF since 1993, says there has been a significant drop in high-risk exposures since the use of safety devices was initiated. In 1998, UCSF's hotline logged 175 needlesticks at the Parnassus campus and 60 at UCSF/Mount Zion, she says.

Health care workers and researchers are exempt from the new regulations if no safety device exists for their purposes or if the standard device works better. For example, not many engineered safety devices are available for dental procedures, Lannen says. However, the law does mandate that those seeking an exemption justify in writing why they don't use a safety device.

As for research activities, Glenn Funk, biosafety officer for UCSF, says "We're taking a different approach than the clinical side. The uses of sharps as research tools are often unique and there is a wide range of agents and materials that pose risks."

Funk says that although researchers sometimes do accidentally stick themselves with needles, they are more at risk than clinicians for other types of exposures. "A very small percentage of exposures reported to the needlestick hotlines are research exposures," Funk says. "We usually see a quarter to a half of research exposures from punctures with needles but we see a greater percentage of splashes, spills and squirts to the face and eyes, which is much less common in the clinical setting."

The July 7 safe sharps workshop and training session will provide researchers with an awareness of what devices are available on the market, as well as demonstrations of how to use the devices properly. Representatives of major manufacturers will be available all day to discuss sharps use with investigators and their staff and students. Funk will offer concurrent 30-minute training sessions on the new BBP standard that will count as annual bloodborne pathogens retraining.

Sharps Injury Control Program

Another part of the new BBP Standard is the logging of exposures and injuries. UCSF has created a model for logging these injuries as a result of its leadership in the Sharps Injury Control Program, which was mandated in 1996 by the state Legislature in response to public concern about sharps-related hazards to health care workers. The bill mandated that a multi-year pilot surveillance study be undertaken statewide and Marion Gillen, an assistant professor in the School of Nursing, accepted the job as principal investigator, working, in conjunction with the California Department of Health Services Occupational Health Branch.

The goals of the program are:

- to identify the degree of risk associated with various types and brands of medical devices and procedures, make recommendations about the relative safety of sharps devices;
- to reduce bloodborne disease risk by encouraging the development and use of medical devices designed to maximize worker and patient safety; and
- to serve as a clearinghouse for evaluations of safety-enhanced devices for preventing sharps injuries.

It is expected that the resulting data will allow health care institutions to benefit from each other's experiences and encourage medical device manufacturers to develop safer products, Gillen says.

"We're asking people to submit their sharps injury logs to us on a quarterly or yearly basis," says Gillen. "We are in the process of collecting data and will be delivering a report to the state Legislature in December of 1999."

The sharps injury log that Gillen and her colleagues created complies with the revised BBP. It asks for the device and brand involved, whether it was a safety device, if the injured employee thought a safety device would have prevented the injury, and if the injured employee thought any other engineering, administrative or work practice control could have prevented the injury. The UCSF needlestick hotline revised its injury log in January to include these additions.

"California is the first state to have something like this in place," says Gillen. "People are looking to us for guidance in how they can do it."

For more information on this topic, go to the UCSF Environmental Health & Safety website at [http://www.ehs.ucsf.edu/index.htm].

MIKE TILDEN/THOM DICKERSON

At the reception, from left, are Deborah Stewart, John Blossom and Teresa Jacobs, an administrator in family practice programs at UCSF-Fresno.

UCSF welcomes new Fresno dean

Haile Debas, dean of the UCSF School of Medicine, visited the UCSF-Fresno Medical Education Program on June 17 when he welcomed Deborah C. Stewart, new dean of the Fresno program, and paid a warm tribute to her predecessor, H. John Blossom, who resigned.

In addition to Fresno area medical, education and community leaders and elected officials, UCSF medical school faculty and staff who attended were Michael Drake, senior associate dean; David Irby, vice dean, education; Jaclyn Boyden, vice dean, administration and finance; and Harry Cordon, controller.

Academic Senate forms committee to monitor clinical affairs

The UCSF Academic Senate voted June 17 to establish a committee to keep faculty current on health sciences issues and clinical activities that affect the academic mission.

The Academic Senate amended its bylaws to create a Committee on Clinical Affairs to identify trends and decisions that may affect UCSF's teaching, service and research and to conduct town hall meetings to maintain a free flow of information and discussion between faculty and administration about UCSF Stanford Health Care, affiliated sites and other clinical matters.

To be composed of Senate and non-Senate faculty who must represent the various sites, the committee will forward faculty concerns to appropriate officials.

Forming the committee is timely, faculty say as changes at UCSF Stanford, and health care in general, affect the practices and policies that have a direct impact on how well faculty meet their academic mission in clinical areas.

"We did not have any specific committee that deals with the clinical affairs of our faculty," says Svein Oie, Academic Senate chair and professor of biopharmaceutical sciences. "In the past, individual schools have dealt with the issues within their own faculty. Now we feel we are facing issues that are of cross-campus concerns. We need to look at all the campus sites and also be able to respond to systemwide committees focusing on health sciences matters."

UCSF's clinical affairs committee will serve as the faculty's liaison to systemwide committees.

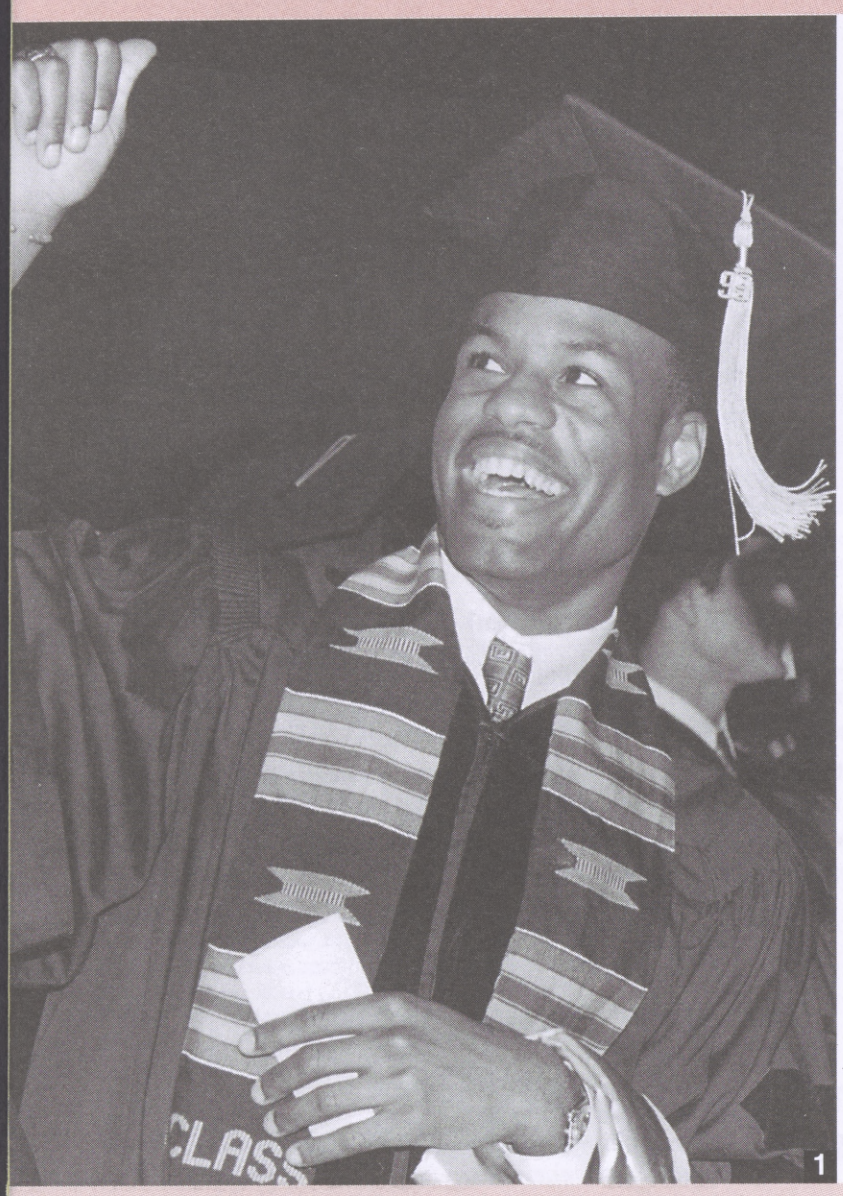
The June 17 vote – with no opposition and two abstentions – required no debate as the faculty discussed the issue at length at its May 10 meeting.

The Academic Senate bylaws call for the Committee on Committees, an elected group of faculty, to name the members of the new clinical affairs committee. The 11-member committee will have seven regular members, including at least one member from each of the four professional schools. The other four ex-officio members will include the Vice Chancellor for Academic Affairs, the Chair or Vice Chair of the Graduate Council and two UCSF faculty members who serve on UCSF Stanford's Committee on Inter-School Academic Advisory Group.

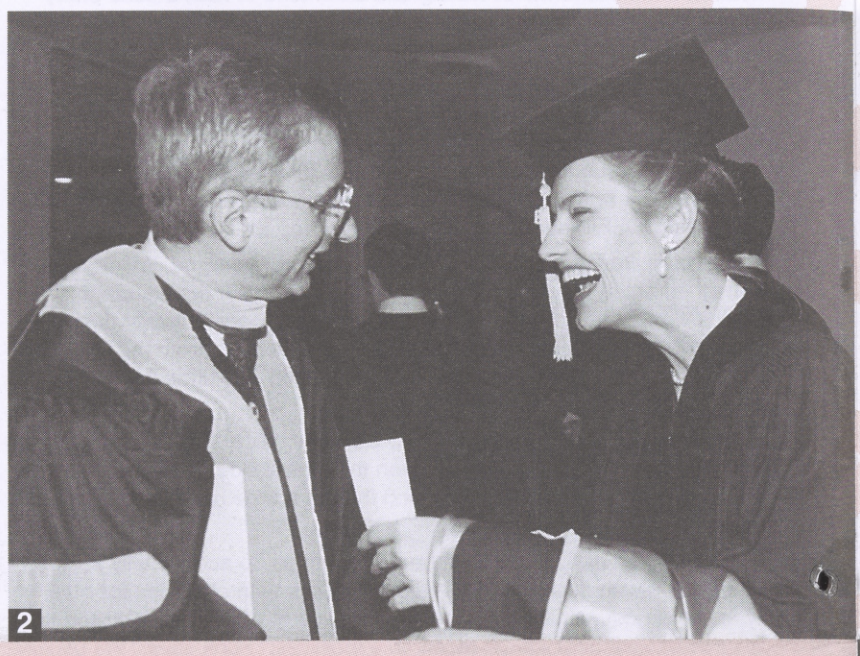
Recognizing the difficulty of reaching a quorum, the Academic Senate in a separate vote on June 17, approved a bylaw amendment to enable it to use appropriately secure forms of electronic communication for voting. About 90 percent of the faculty have access to e-mail.

"We think the return on the vote will be higher," says Larry Pitts, Academic Senate chair-elect and professor of neurosurgery. "This is an opportunity to get a more accurate voice of the faculty."

LISA CISNEROS



School of Dentistry
School of Pharmacy



1. The UCSF School of Dentistry held its commencement ceremonies at the Masonic Auditorium in San Francisco on June 19. Dawud Muhaimin, who spots family and friends in the gallery after the processional, is among the 82 graduates to receive doctorates in dentistry.
2. Dean Charles Bertolami, left, visits with Diana Collins, a member of the 1999 dental class, before the ceremony.
3. At the UCSF School of Pharmacy commencement on June 19, Betty-Ann Hoener, associate dean for student affairs and professor of biopharmaceutical sciences, accepts the J.M. Long Prize for Advising and Mentoring. This award was also given to Christopher Cullander, assistant professor of biopharmaceutical sciences. The Long Prize for Excellence in Teaching in the Basic and Applied Sciences was awarded to Sexton Sutherland, a professor in the department of anatomy and The Long Prize for Excellence in Teaching in the Clinical and Practice Courses went to Joseph Guglielmo, professor of clinical pharmacy.
4. Sara Kersey, dental hygiene graduate, second from left, gets up to accept the Elizabeth Fuhriman Gardner Award, which was also awarded to dental graduate Heather Rutherford. The award recognizes scholastic achievement, service to the community, leadership qualities and demonstrated concern for others.

5. School of Pharmacy graduates Duc Nguyen, left, and Ashish Patel, adorned with fragrant leis and the drugs of their choice, Tylenol and Nyquil, rejoice before the ceremony.
6. Donna Boncodin, one of 18 students to graduate from UCSF's dental hygiene program, reacts with delight to the senior address given by her classmate Jennifer Kent.
7. Class president Lorenzo Muro Alvarez, one of 110 to receive PharmD degrees, reminds his classmates to smile as they pursue their profession. If they should forget how, he demonstrated, a No. 2 pencil will help. Alvarez plans to practice in Watsonville.
8. Dean Mary Anne Koda-Kimble hoods Mark Baje, winner of the School of Pharmacy's highest honor — the Bowl of Hygeia. Established in 1966 and sponsored by the UC Pharmacy Alumni Association, the award recognizes the senior student who, in the estimation of classmates and instructors, best demonstrates the qualities of an ideal pharmacist in action, thought and attitude. Honorable mention went to graduates Gina Delucca, Michael Lim, Kristin Patrick, and Michelle Stolpman. Other students honored at commencement were Shelley Albert, Bradley Bennett, and Jean Dodge, who received the Dean's Award for Academic Excellence.

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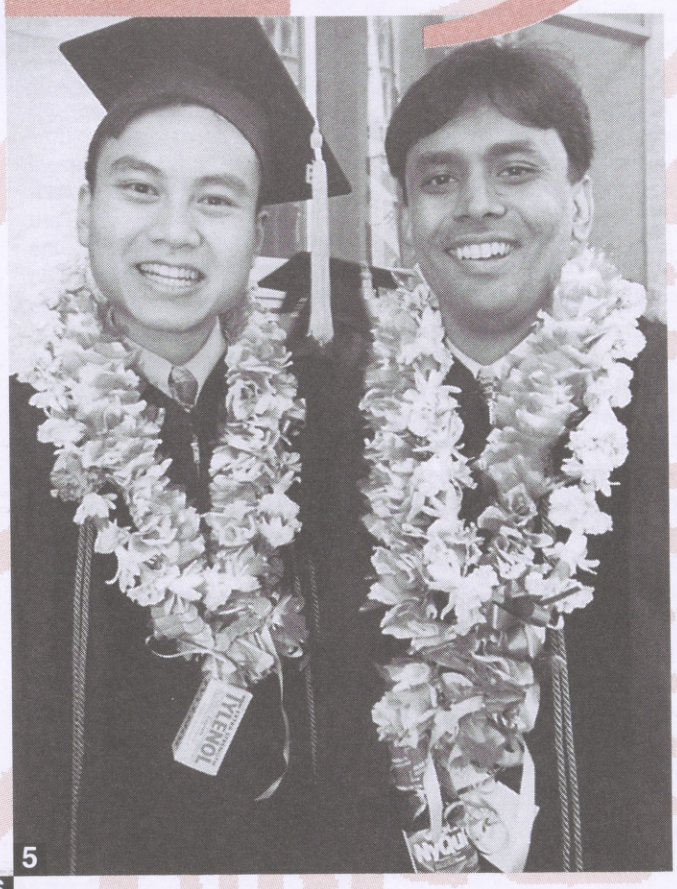
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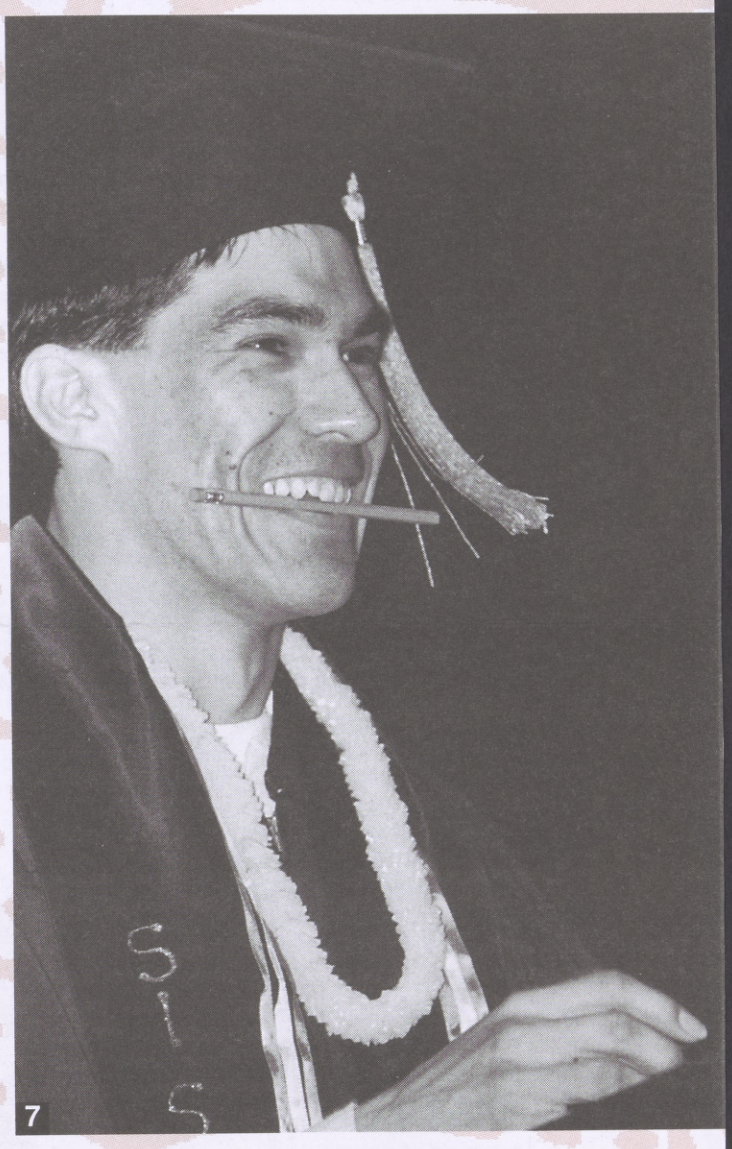
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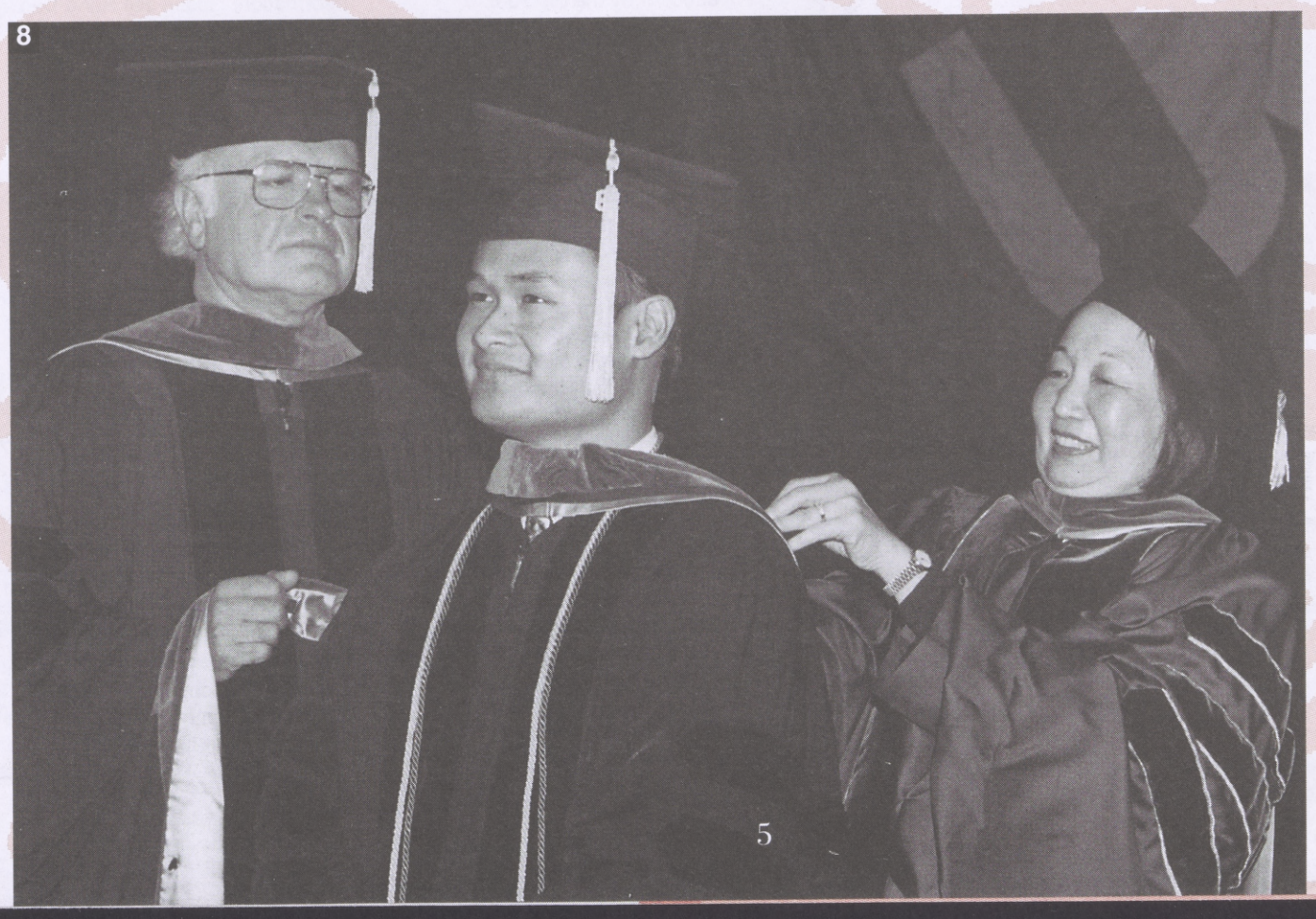
Photos by Chris T. Anderson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Lillian Cartwright – Delving into the human psyche in work and art

BY PAULA MURPHY

Cartwright

Lillian Cartwright has studied lives — and how they are played out over time — both as a researcher and as a psychotherapist. She says her interest in individuals, their subjective experiences, memory and emotions, informs her work in yet another vocation: that of an artist.

Cartwright is exhibiting her new paintings, a collection of 40 collaged watercolor/acrylic pieces, at the UCSF Faculty/Alumni House through August.

"My work deals primarily with people and is, in that sense, figurative," says Cartwright in her artist's statement. "I am interested in human activity at all stages of the life cycle and how women and men situate themselves in physical, historical, and psychological space."

Cartwright is on the clinical faculty in the department of psychiatry at UCSF and has been a visiting professor at UC Berkeley's Institute of Personality and Social Research. In private practice, she provides adult psychotherapy and couples therapy.

Just as the human psyche is an intricate web of thoughts, emotions and experiences, so is Cartwright's art. She likes to create her pieces slowly, adding layers and materials as her ideas evolve. "It's about rumination and obsession and letting it work," she says. "You can't rush it."

She often incorporates current events and a healthy sense of humor into her works, which deal with topics such as the treatment of the elderly, the impact of the technology revolution on nature, and the dislocation among friends, family members and generations.

"The use of collaged watercolor/acrylic pieces gives me a process to portray the juxtaposition of past and present, of personal images and popular icons," Cartwright says. "There is a quixotic and ambiguous quality to some of my images: sadness and pensiveness exists side-by-side with the trappings of celebration and gloss. Humor can take over what otherwise would be a dismal situation."

In "Play it again Sam," which she describes as having a "free-associative web," Cartwright scatters the images of Humphrey Bogart and Ingrid Bergman with depictions of Grecian ruins and a pastoral countryside. "These paintings came out of a trip to Turkey," Cartwright explains. "One civilization will fall and another will build on top of it. When I returned home, I heard the song from Casablanca — "As Time Goes By" — and thought it worked well in the painting."

Lillian Cartwright's watercolor titled "Passport"

In "Spin City," her political satire paintings inspired by President Clinton's impeachment trial, Cartwright depicts Monica Lewinsky as Barbie and Clinton as Ken in one picture, and in another, Lewinsky, shown making her videotaped testimony, is joined by Gloria Steinem, Susan B. Anthony, and Margaret Sanger.

A self-described feminist, Cartwright focuses on women's issues not only in her art, but also in her research. She wrote her doctoral dissertation on "Women in Medical School," and has directed a longitudinal study of 59 women physicians who were in the 1964 through 1967 entering classes at UCSF. She was interested in examining gender differences in motivations to attend medical school as well as role strain, juggling responsibilities, and health, among other factors.

Although Cartwright now spends six days of the week being an artist and only one being a psychotherapist, the job descriptions sometimes overlap. "Some of my paintings are like a Rorschach card," she says. "You can see anything in them you want."

Visit Daybreak's Arts & Letters section to view a slide show at www.ucsf.edu/daybreak.

Cartwright's collection of collaged watercolor/acrylic pieces at the Faculty/Alumni House, 745 Parnassus, through August 31, Monday-Friday, 9 a.m.-5 p.m. For more information, call 476-4723.

medical call board

Alcoholism

UCSF researchers are looking for volunteers to participate in a new study on family traits associated with alcoholism.

The nationwide project will investigate the links among behavior, personality characteristics, and biological factors associated with alcoholism by studying families affected by the disorder.

The researchers are looking for volunteers who are heavy alcohol users or recovering alcoholics and who also have a family member who will take part in the study. All participants must be 18 years of age or older and free from addiction to other drugs, except nicotine.

Study volunteers must take part in a telephone interview about use of alcohol and other drugs, complete a written personality test, and provide a blood sample for genetic analysis. All information will be kept confidential, and each person who completes the study will be reimbursed $30-50.

Interested persons should contact the UCSF Family Alcoholism Study at the toll-free phone number, 1-888-805-UCSF (1-888-805-8273).

Multiple Sclerosis

Researchers are looking for volunteers, persons with Multiple Sclerosis (MS) and persons without MS to participate in a study of muscle and cardiovascular function in MS.

Each study will require two visits to a lab at the VA Medical Center in San Francisco. Each visit will be about three hours long. Participant compensation is available. To volunteer for the study or for more information, please call Hung Dao at 221-4810, extension 2454.

Heat exchange

Volunteers are needed to participate in a study conducted by the UCSF Outcomes Research Laboratory to evaluate the heat exchange between arteries and veins in the arm during cold and warm water immersion. During immersion, the arterial and venous blood temperature will be recorded in addition to the blood flow.

Two tests will be performed on one study day, plus an information/screening visit. Several catheters (plastic tubes) will be placed in the blood vessels in the participant's arm, on the testing day. The total time involved is about 9 to10 hours.

Participants will be paid $225 for completing this study. To participate, volunteers must be in good health, between the ages of 20 and 45 years, non-smokers, drug and medication free, and be of average weight for height.

Please call Azita Moayeri in the Outcomes Research Office at 476-8436, or e-mail azita_moayeri@quickmail.ucsf.edu, for more information.

Hormone replacement

Researchers at the San Francisco Veterans Affairs Medical Center and UCSF seek postmenopausal women to participate in a research project on a new tablet, FemHRT, containing both estrogen and progestin.

The purpose of the study is to learn about the effects of this medication on cholesterol, bone strength and menopausal symptoms. Study visits take place at the Women's Clinic at the SF VAMC. To participate, women must have gone through menopause and have not had a hysterectomy.

All information is confidential. Compensation provided. For more information call, Kitty Stanley at 221-4810, extension 4220.

reduce your use

5

The number of minutes during which your car first emits over half of the pollutants it will emit. As a countermeasure, use public transportation, take UCSF shuttles to work, bike, or walk. If you must drive, turn your car on and off as few times as possible.

University of California San Francisco

UCSF

Facilities Management
Water and Energy Awareness & Recycling Programs

www.fm.ucsf.edu/energy.htm

(UCSF STANFORD FROM PAGE 1)

Deficits at Mount Zion are due to a number of factors. First, it is difficult to support all of the services involved in running an acute care, 365-bed hospital with a patient census of only 100, Van Etten says. Second, revenues from government and private payers are not keeping pace with escalating costs for drugs, supplies and wages at the hospital. Third, due to a complicated federal formula for Medicare funding, Mount Zion gets reimbursed significantly less than the UCSF Medical Center on Parnassus for caring for Medicare patients.

The entire clinical enterprise faces reduced Medicare payments mandated by the Balanced Budget Act of 1997, which targets Medicare for cuts of $116 billion between 1998 and 2002, including reduced support for graduate medical education. Annual reductions in Medicare payments to UCSF Stanford will total $38 million next year.

Van Etten and other teaching hospital officials met with US senators to make the case for federal Medicare support for training future physicians at academic medical centers. Senator Patrick Moynihan's (D-New York) bill to stabilize Medicare's funding for graduate medical education at its current level is pending action.

Weighing the options

Mount Zion has been losing money for years, UCSF Stanford officials say. Mount Zion's losses have totaled $159 million in the last six years. But since its integration with UCSF in 1990, the medical center has been able to offset its losses with operating gains earned two miles away on Parnassus. Now that that medical center also faces its own financial deficit, UCSF Stanford officials say they need to find a way to deliver more cost-efficient services across both sites.

Van Etten on Tuesday outlined options being considered for Mount Zion and their projected financial consequences for UCSF Stanford:

- The option to operate only those functions that relate to outpatient physician practices and the outpatient clinical cancer center at Mount Zion and transfer inpatient and emergency care to the UCSF Medical Center would save about $20 million annually with one-time capital costs of about $11 million.
- An option to operate all outpatient services and a 72-hour short-stay unit and move inpatient and emergency care to the UCSF Medical Center would save about $10 million a year with one-time capital costs estimated at $35 million.
- Another option to move some clinical programs and their hospitalized patients from UCSF Medical Center to Mount Zion and fill vacated services on Parnassus with new programs would initially result in annual losses of about $3 million to $10 million, depending on the size of the programs transferred. Over several years, growth at UCSF could restore the loss and generate up to a $13 million annual gain. One-time capital costs of $36 million to $60 million would be needed under this option.

A fourth option, to build a women and children's hospital at Mount Zion, is a long-term possibility. However services are reorganized, Van Etten says, Mount Zion will still operate clinics for adults and children, full service outpatient cancer services and ambulatory surgery. Both UCSF and UCSF Stanford have significant commitments in the Western Addition neighborhood, where an outpatient cancer center is under construction and two medical office buildings and a cancer research facility have been built in recent years.

All the options are being evaluated in terms of their financial and operational benefits, impact on the community and employees and affect on academic programs, UCSF Stanford officials say. Particular care, they add, is being taken to discuss the impacts of moving the Mount Zion emergency services to UCSF. Mount Zion receives 6 percent of San Francisco's ambulance calls.

"Once a recommendation is brought forward to the UCSF Stanford Health Care board, it has the ultimate responsibility to make the decisions," Kerr says.

Any decision to make major changes in hospital services would trigger a formal review process by the San Francisco Health Commission. If closing Mount Zion's ER is advised, the city and county Emergency Medical Systems would review the impact and make a recommendation to the state.

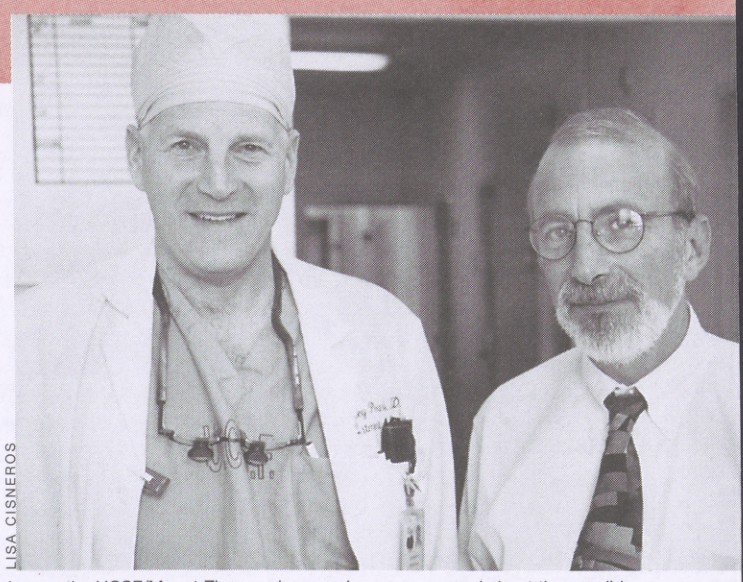
About 50 people, including laid-off UCSF Stanford employees and union members, protested outside the Regents' meeting at UCSF's Laurel Heights campus on June 18. Among their many concerns, protesters do not want to see major cutbacks at Mount Zion and question decisions to lay off workers in favor of contracting with private companies to cut costs.

Acknowledging that UCSF Stanford has had to discontinue valued programs to make ends meet, Kerr says administrators have tried to close only those services that are available elsewhere in the community. The outpatient pharmacy at the ambulatory care center on Parnassus, for example, had seen a decline in prescriptions from a high of 1,500 per day to some 300 to 400, he says. UCSF Stanford transferred its outpatient pharmacy prescription records to Safeway pharmacies. Safeway has agreed to serve UCSF patients with unique needs such as those whose prescriptions require treatment authorization requests.

As for the loss of valued employees, Kerr says UCSF Stanford has offered job fairs and counseling to help them through the transition. While most health care workers will likely be able to find another job, he says less skilled workers may have a more difficult time.

"With budget cuts of this magnitude, it can't be business as usual. We need to make changes in processes and practices to make us more cost-effective. We are working with physicians, nurses and staff to figure out how to deliver patient care more efficiently. And we will be monitoring our services to be certain we are maintaining high quality."

UCSF Stanford also is working to increase revenues by renegotiating contracts with HMOs and other private insurers. UCSF Stanford is negotiating price increases from Medi-Cal, which paid $80 million less than the cost of providing care to its recipients last year, and three large HMOs. "It isn't enough," Van Etten says. "They are still paying us less than our costs, but it would have been much worse if we didn't have the market clout as a merged organization."



LISA CISNEROS

Among the UCSF/Mount Zion employees who are concerned about the possible changes at that hospital are Chief of Staff Jeffrey Pearl, left, and Ernest Ring, assistant chief medical officer.

Fate of UCSF/Mount Zion

During his recent state of the school address, Debas detailed how UCSF faculty will take part in the review process. While UCSF Stanford's Office of Strategic Development, directed by Patty Perry, analyzes the implications of the options, three UCSF advisory committees are evaluating the impact of each option on training and clinical programs. Debas anticipates that the UCSF committees will submit a consolidated report to the UCSF Stanford board as an official School of Medicine response.

Debas established the first of these three committees, which includes department chairs, faculty and members of the dean's office and meets Tuesday mornings. While Debas is on sabbatical, Lee Goldman, associate dean for clinical affairs and professor and chair of medicine, will chair the committee now called the Tuesday morning group.

The Tuesday morning group created a committee at Mount Zion, chaired by Ernest Ring, associate dean and assistant CMO at Mount Zion. Ring's committee represents most of the departments with clinical activities at Mount Zion.

"We've bottomed out on the amount of full-time equivalent [employee] cuts we can endure," says Ring, chief of radiology at Mount Zion. "So any savings have to come from a programmatic change. Everybody is looking for a change that doesn't hinder the academic mission. My hope is that any change will allow the opportunity for growth."

Ring oversees clinical and research programs, education of medical students and housestaff, recruitment of faculty and serves as a liaison between faculty at Mount Zion and the Parnassus site, and between community physicians. Whatever happens, Ring says, employees hope that the hospital is able to maintain its long-standing history of providing personalized patient care in an academic setting. "The rank and file staff are team players," he says. "They want to do whatever is necessary to keep this place part of the clinical enterprise."

Training residents in surgery, anesthesia and other disciplines, Mount Zion assigns 31 of its 80 residents in primary care. "One of the strengths of this hospital has always been that we are exposing trainees to doctors who have been treating the same patients for 30 years," says Ring, who began working at Mount Zion in 1993. "As I came to know this place, it reminded me why I went into practice in the first place."

A third committee, established by Ring and chaired by Orlo Clark, chief of surgery at Mount Zion, and Lawrence Pitts, professor of neurosurgery at Mount Zion, includes other Mount Zion faculty, trustees and community physicians.

Debas, who began his sabbatical this month, plans to remain "fully engaged in all merger-related discussions and decisions."

(DEBAS FROM PAGE 1)

While Debas says Mission Bay "provides incredible opportunities, it also poses some serious challenges. The most significant drawback is the separation of much of the basic science community from the clinicians," he says. Debas plans to engage faculty in a serious discussion of how to minimize the negative impacts of the separation next year.

Faculty and staff also will need to discuss the reorganization of programs on the Parnassus campus in light of Mission Bay development.

"The vision for a post-Mission Bay Parnassus campus is to develop preeminent programs in disease-based research," Debas says. "A full discussion on what these programs should be has not yet taken place. The areas that have been mentioned include immunology, diabetes, human genetics, neurosciences and vascular biology."

A faculty committee suggested that most of the space to be released once basic scientists leave for Mission Bay should be used to develop multidisciplinary, disease-based research programs. "Unfortunately, the space released on Parnassus by the move of the basic sciences to Mission Bay is only about 40,000 square feet," Debas says.

This is because UC Hall, which houses faculty, is seismically unsafe and must be demolished. UCSF exceeds the space ceiling on Parnassus and is unable to replace UC Hall with a building of similar size.

However the release space is used, Debas says, it is clear to him that the space "will not meet the need of clinical departments for academic space. Both Chancellor Bishop and I have identified the unmet and critical needs of the clinical departments as high priority issues, and we are exploring means to address the problem."

San Francisco General Hospital Medical Center (SFGHMC) also will be significantly affected by Mission Bay development as three research institutes will relocate to the new campus. Here again, much of the research space to be vacated at SFGHMC when the Gallo Center for Neurosciences, the Gladstone Institute of Cardiovascular Disease, and the Gladstone Institute of Virology and Immunology depart for Mission Bay, has seismic problems. Still, Debas says, he finds the vision to develop a center for infectious diseases and vaccinology and to consolidate most of the activities of the AIDS Research Institute at SFGHMC to be "compelling." UCSF needs to develop strategies to find the necessary resources to make that plan happen, he says.

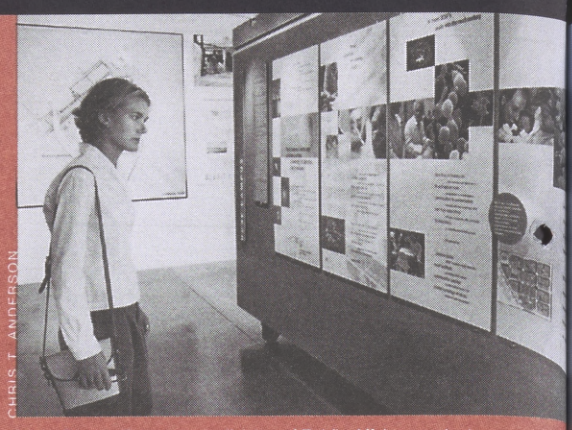
Priorities

school of medicine

- Resolving the UCSF Stanford financial crisis and the future of the merger;
- Completing the first phase of Mission Bay, rejuvenating Parnassus research programs and finding ways to minimize the negative effects of the separation;
- Identifying funding for teaching that is separate from clinical revenues;
- Trying to solve the housing problem for students, residents and faculty; and
- Constructing a building for UCSF-Fresno academic programs and significantly improving the quality of those training programs.

calendar

July 3 – 30, 1999



CHRIS T. ANDERSON

Public Service Programs, a division of Public Affairs, conducts tours of Mission Bay, where UCSF will build a 43-acre campus. Tourists will stop at Catellus Development Corporation's Visitor's Center, where plans of the entire 303-acre neighborhood are on display. See the July 15 listing for details.

JULY

5 monday

UCSF HOLIDAY!

FAMILY PRACTICE COURSE: The School of Medicine hosts a "Family Practice Board Review Course," July 5-8, Fairmont Hotel, San Francisco. This course prepares candidates for the American Board of Family Practice exam to be given on July 9. Call 476-5250.

6 tuesday

SWING DANCING: Beginning East/West Coast swing classes held on Tuesdays, July 6 through Aug. 24, 9-9:55 a.m., Millberry Union Fitness Center. Call 476-1115.

CANCER PROGRAM: The UCSF Clinical Cancer Center and Ida & Joseph Friend Cancer Resource Center offer a support group, 1:30-3 p.m., 2200 Post St. Guest speaker is Carla Gress, speech and language pathologist. Call 587-1841.

LEARN SPANISH: Millberry Programs & Services offers a class on "Spanish for Health Care Providers." Classes run through Aug. 24. Call 476-1115.

7 wednesday

GI FELLOWS COURSE: Jonathan Terdiman, GI Division, presents "Introduction to 1999-2000 Fellows Course," 8-9 a.m., S 214, Parnassus.

EH&S WORKSHOP: Environmental Health & Safety presents a workshop and special training session on the "New Bloodborne Pathogens Standard," 8 a.m.-5 p.m., Millberry Union Conference Center, Parnassus. See story on page 1 for details. Call 476-1300 or visit the website at www.ehs.ucsf.edu.

GI GRAND ROUNDS: Marion Peters, professor, GI Division, presents "Primary Biliary Cirrhosis: Pre and Post OLT," 9-10 a.m., S 214, Parnassus.

BROWN BAG LECTURE: Donald Abrams, professor, clinical medicine, presents "Medical Marijuana: Tribulations and Trials," 12:10 p.m., enter at 513 Parnassus, then go to HSW 300. Hear about the medical use of marijuana and an update on Abrams' current clinical trial. Sponsored by Public Service Programs. Call 476-4394.

FOR YOUR EYES ONLY: Stephen McLeod, assistant clinical professor, ophthalmology, cornea and refractive surgery service, presents "Better Vision Now," 6 p.m., 8 Kirkham St. Learn new surgery options for vision correction. Call 476-5021.

WINE APPRECIATION: Millberry Programs & Services offers a course on "Fine Wines," 7-9 p.m., every Wednesday through Aug. 11, Millberry Union Fitness Center. Learn about wine making and how to distinguish between the different varietals. Call 476-1115.

8 thursday

MEDICAL GRAND ROUNDS: Julie Hambleton, assistant clinical professor, medicine, hemostasis and thrombosis, dept. of medicine, presents "The Hypercoagulable Work-Up: Does It Change Our Management of the Patient with Venous Thromboembolic Disease?" noon-1 p.m., N 225, Parnassus. Sponsored by the department of medicine. Call 502-2762.

AWARENESS THROUGH MOVEMENT: Millberry Programs & Services offers classes on the "Feldenkrais Method," 1:10-2:10 p.m., every Thursday through Aug. 26, Millberry Fitness Center, Parnassus. Enhance full breathing and relaxation. Fees. Call 476-1115.

SPANISH CLASS: Millberry Programs & Services offers "Spanish Conversation I," 6:30-8:30 p.m., through Aug. 26. Come and learn the basics of conversing in Spanish. Call 476-1115.

9 friday

CANCER SUPPORT: The UCSF Clinical Cancer Center and Ida & Joseph Friend Cancer Resource Center offer a support group for "Head & Neck Cancer," 1:30-3 p.m., 2200 Post St. Call 885-7623.

12 monday

EDUCATIONAL CANCER SEMINAR: An educational seminar for clinical research associates titled "Angiogenesis: Biological Principles to Clinical Practice," by James L. Rubenstein, adjunct assistant professor, Hematology/Oncology, UCSF, 12-1 p.m., Moffitt Hospital, Rm. 1296, Parnassus. More information: 502-0873 or scolnick@cc.ucsf.edu.

HEALTH POLICY SEMINAR: Raquel Pinderhughes, professor and director, Urban Students Program, CSUSF, presents "Cultivating Community Food Security in West and South Berkeley: Reflections on Community-based Research," noon-1:30 p.m., Laurel Heights Campus, 3333 California St., Rm. 263. Sponsored by the Institute for Health Policy Studies and the Institute for Health & Aging. Call 476-4541.

ALEXANDER TECHNIQUE: Millberry Programs & Services offers classes on the "Alexander Technique," 5-5:55 p.m., Millberry Union Fitness Center. Discover how to use your body with less tension and more efficiency. Classes are held Mondays through Sept. 20. Call 476-1115.

FOR YOUR EYES ONLY: Richard Abbott, professor, clinical ophthalmology and co-director, cornea and refractive surgery service, presents "Better Vision Now," 6 p.m., 8 Kirkham St. Learn new surgery options for vision correction. Call 476-5021.

13 tuesday

CANCER SUPPORT: The UCSF Clinical Cancer Center and Ida & Joseph Friend Cancer Resource Center offer a "Family Support Group for Patients with Leukemia, Lymphoma, Multiple Myeloma & Hodgkin's Disease," 6-7:30 p.m., 2200 Post St. Guest speaker: Carla Gress, speech and language pathologist. Call 587-1841.

SEA KAYAKING: Outdoors Unlimited offers an "Introduction to Sea Kayaking," classroom July 13; on the water July 18. Fees. Learn the basic skills needed for paddling in protected waters. Call 476-2078 or visit the website at www.outdoors.ucsf.edu/ou.

COMMUNITY MEETING: Hear UCSF Stanford Health Care's proposed changes in patient care services at UCSF/Mount Zion, 7-9 p.m., The College of Podiatric Medicine, Reiss Hall, 1835 Ellis St. at Pierce. Enter through the student entrance.

14 wednesday

GI FELLOWS COURSE: Jonathan Terdiman, GI Division, presents "Evaluation and Treatment of the Patient with GI Bleeding (Part 1)," 8-9 a.m., S 214, Parnassus.

GI GRAND ROUNDS: Robert Gish, liver transplant program, California Pacific Medical Center, presents "Present and Future Therapies for Hepatitis C," 9-10 a.m., S 214, Parnassus.

BLOOD DRIVE: Donate blood, 9 a.m.-5 p.m., Millberry Union Conference Center, Parnassus. Tasty refreshments and great raffle prizes, including roundtrip tickets for two to any Southwest city! Call 476-6989.

BROWN BAG LECTURE: Kirk C. Wilhelmsen, associate professor, neurology in residence, Gallo Clinic and Research Center, presents "Is Alcoholism Inherited?" 12:10 p.m., enter at 513 Parnassus, then go to HSW 300. Learn what epidemiology and some mapping tell us about the origins of alcoholism. Sponsored by Public Service Programs. Call 476-4394.

GOLF CLASS: Millberry Programs & Services offers the "ABCs of Golf," Mission Bay Golf Course, San Francisco. Learn putting, swinging and sand play. Range balls provided (clubs if necessary). Call 476-1115.

15 thursday

REGENTS MEETING
UCSF – LAUREL HEIGHTS

TOUR MISSION BAY: Public Service Programs offers monthly tours of Mission Bay, noon, every third Thursday of the month. Tours begin and end at the UCSF library. Tourists will view the area where UCSF will break ground in October for the first research building at the 43-acre campus and will stop at the Catellus Mission Bay Visitor's Center, to see plans for the revitalization of the entire 303-acre neighborhood. Call 476-4394 at least a week in advance to reserve a spot. Tours of UCSF's main campus on Parnassus are also available upon request and with a reservation.

MEDICAL GRAND ROUNDS: Kenneth H. Fye, clinical professor, medicine, division of rheumatology, presents "New Therapies for Rheumatoid Arthritis," noon-1 p.m., N 225, Parnassus. Sponsored by the department of medicine. Call 502-2762.

AWARENESS THROUGH MOVEMENT: See July 8 listing.

16 friday

REGENTS MEETING
UCSF – LAUREL HEIGHTS

18 sunday

AIDS WALK 1999: UCSF once again raises funds for AIDS programs with a walk, which begins in Sharon Meadow, Golden Gate Park. To register, go to www.aidswalk.net, click on AIDS Walk San Francisco and fill out the form. Be sure to join the UCSF team, No. 0089. More information: 476-4394.

19 monday

OCIM GRAND ROUNDS: David Dorsey, associate chief council, Office of the Chief Council, Federal Drug Administration, presents "The Regulation Of Dietary Supplements: The Role Of The Health Care Practitioner," during The Osher Center for Integrative Medicine Grand Rounds, noon-1 p.m., S 214, Parnassus.

ALEXANDER TECHNIQUE: See July 12 listing.

FOR YOUR EYES ONLY: David Hwang, associate professor, clinical opthalmology and co-director, cornea and refractive surgery service, presents "Better Vision Now," 6 p.m., 8 Kirkham St. Learn new surgery options for vision correction. Call 476-5021.

20 tuesday

BROWN BAG LECTURE: Richard G.A. Feachem, director, Institute for Global Health, presents "Priorities for Global Health," 12:10 p.m., UCSF/Mount Zion, 1600 Divisadero, Herbst Hall. Hear a discussion about the goals for the Institute. Sponsored by Public Services Programs. Call 476-4394.

21 wednesday

GI FELLOWS COURSE: Jonathan Terdiman, GI Division, presents "Evaluation and Treatment of the patient with GI Bleeding (Part 2)," 8:30-9:30 a.m., S 214, Parnassus.

GI GRAND ROUNDS: Raman Muthusamy and Uma Mahadevan (Marvin Sleisenger) present "Unknown Cases," 9:30-10:30 a.m., S 214, Parnassus.

BROWN BAG LECTURE: Robert W. Sweetow, director, audiology and clinical professor, otolaryngology, presents "The Truth about Digital Hearing Technology," 12:10 p.m., enter at 513 Parnassus, then go to HSW 300. Hear the expectations about the new digital technology in hearing aids. Sponsored by Public Service Programs. Call 476-4394.

22 thursday

MEDICAL GRAND ROUNDS: Hope S. Rugo, associate clinical professor, medicine, division of hematology/oncology, presents "Multiple Myeloma," noon-1 p.m., N 225, Parnassus. Sponsored by the department of medicine. Call Edith Bucoy at 502-2762.

AWARENESS THROUGH MOVEMENT: See July 8 listing.

24 saturday

CYBERBOWLING: Empact! Presents hosts the "UCSF Summer Cyberbowl Night," 2:30-5 p.m. (session 1) and 5:30-8 p.m. (session 2), Japantown Bowl. Enjoy a session of glow-in-the-dark bowling. Admission is $10 and includes 2-1/2 hours of bowling, shoe rental, three hours free validated parking and light refreshments. This event is limited to the first 200 people. Call 476-2675.

SWING WORKSHOP: Millberry Programs & Services offers an "East Coast Swing Class," 5-7 p.m., MU, Studio 1, Parnassus. This workshop meets only once and is taught by a professional teacher. Open to all levels. Fees.

26 monday

MANAGING FINANCES: Scott Wilbanks, Tom Swift and David Franks present "Questions on Health Insurance Benefits and Financial Planning," 5-7 p.m., 2200 Post St., Hellman Conf. Rm., first floor. Learn how to navigate the health insurance system and manage finances after a cancer diagnosis. Sponsored by the Cancer Resource Center. To RSVP or for more information, call 885-3693.

ALEXANDER TECHNIQUE: See July 12 listing.

28 wednesday

GI FELLOWS COURSE: John Cello, GI Division, presents "Acute and Chronic Treatment of the Patient with Bleeding Due to Portal Hypertension," 8-9 a.m., S 214, Parnassus.

GI GRAND ROUNDS: Ulrike Heberlein, associate professor, anatomy, presents "Studying Drug Abuse in Fruit Flies," 9-10 a.m., S 214, Parnassus.

BLOOD DRIVE: Donate blood, 1-5 p.m., Executive Park (Candlestick), Rm. 156. Tasty refreshments and great raffle prizes. Call 476-6989.

BROWN BAG LECTURE: Allan I. Basbaum, professor and chair, department of anatomy and member, W.M. Keck Foundation Center for Integrative Neuroscience, presents "The Disease Called Persistent Pain," 12:10 p.m., enter at 513 Parnassus, then go to HSW 300. Learn how pain induces long-term changes in the central nervous system. Sponsored by Public Service Programs. Call 476-4394.

29 thursday

MEDICAL GRAND ROUNDS: Robert M. Wachter, associate professor, clinical medicine & epidemiology, associate chairman, department of medicine, and chief of medical service, Moffitt/Long Hospitals, UCSF Stanford Health Care, presents "Hospitalists 1999: New Issues for the Millennium," noon-1 p.m., N 225, Parnassus. Sponsored by the department of medicine. Call 502-2762.

AWARENESS THROUGH MOVEMENT: See July 8 listing.